# Monday, May 28th at 12:00 pm, Room RGN 3126

### 1. President/Vice

- 1.1. Mental health letter to FOM Received receipt April 30th 2018 We requested update
  - No response yet, we may send a reminder
- 1.2. We are in the works to create a wellness cheat sheet with pricing etc for mental health support (coordinated with Wellness office)
- 1.3. FMGSC meeting May 24<sup>th</sup> Rep was absent
  - According the minutes, talked about accreditation, update on budget similar to town hall with major modification in NSC collapse of the 3 fields into just one NSC degree
  - Update on Travel grants with a bit more money from CMM
- 1.4. Get swabbed May 18th
  - 10 people signed up, but a lot more med students came to take free pizza
- 1.5. FOM meeting?
- 1.6. Survey results
  - 52 responses
  - Social; 1\$ BBQ (90%), Movie night (50%), Pub night (48%), Curling/Pool (42%), Grilled cheese/Archery Tag/Hiking (40%), Board games (38%), rock climbing (30%), Karaoke (17%), book club (15%)
  - Movie nights; Comedy (73%), Thriller (58%), Horror (34%), Mystery (30%), Drama (20%), Sci-fi (2%)
  - Academic; Public speaking (62%), ImageJ (48%), Scholarship writing (44%), Stats Primer (42%), R (32%), poster presentation (27%), Transfer exam workshop (10%), business development (2%)
    --- invite an innovation director from main campus for a presentation?
  - 21 responses for science idols
  - Athletic; Dodgeball (52%), RGN Fit/Yoga (37%), HIIT sessions (32%), Drop in basketball (18%), 10 assorted responses
  - Running club start times (19 responses), 5pm-6pm start time, Monday popular
  - - Set up advertisements
  - Wellness; Pet therapy (64%), Coffee & peer support (48%), Visual media (44%), wellness workshops (33%), pedometer challenge (21%), massages (6%)
  - Can we organize to have the massages offered apart from just with Wellness Week?
  - Incentive; Pizza (42%), Suzy Q donuts (27%), Coffee and Timbits (16%), Healthy options (8%)
  - Feedback; Cash bar at poster day, Paint night, some biweekly info is out of date, co-supervised student from Carleton wants to feels included, more mental health resources, add me to email list
  - There is a cash bar at the Brain and Mind Research Day, last one at CMM research day was 2013, talk to Nadine about it coming back.
  - 34 responses for yes to BBQ beach party

## 2. VP Social/Athletic

- 2.1. Summer BBQ beach party @ Mooney's bay June  $22^{nd}$  we contacted Beaches@ottawa for info ereservation and cash for nets <u>need to book</u>
  - Grills are first come first serve, we will need to go in advance to reserve
- 2.2. Movie night week of June 25-29th? What day
  - June 7<sup>th</sup>, room to be booked, and poster to be finalized. We will test Pizza from Yaseen pizza (halal) if they can offer us a good deal for large pizzas.
- 2.3. RGN Fit June 7<sup>th</sup> and 14<sup>th</sup> @ 430pm?
  - We have not heard back from Kyle yet, he may have left Ottawa. But there is someone from CHEO who will soon be a licensed cross-fit trainer and he is holding work out sessions for CHEO trainees. We may ask him to run something for us and even go through more of a self-directed route, by following predecided workout routines.
  - Find out if we can get access to gym at rehab center (slippery floors?) or consider gym at Franco-Cite? People did not really want to walk to Franco-Cite previously.
- 2.4. 1st BBQ!!! Date? print survey emails for free BBQ
  - CMM/NSC have claimed the 1st two weeks of each month Julia Nunes the new contact for BMI BBQ
  - June 13th for first BBQ: 11:30 1:00pm, we have to buy BBQ stuff
  - Alternative for HI? still looking into it

### 3. VP Academic

- 3.1. ImageJ/FIJI workshop May 29th (tomorrow!) 12:30 3pm RGN 2012
  - Give swag plus gift card to Skye and Chloe
  - Next on the list is how to critically review a paper with Bill Stanford?
  - Public speaking as well (reach out to someone from main campus)

# 4. VP Student Support / Wellness

- 4.1. Wellness event for May what event?
  - Wednesday, June 27th RGN 3126

### 5. VP Finance

- 5.1. Updates?
- 5.2. Updates regarding YRC?
  - Total 142 students but not sure yet how many from CMM
  - Council will partially reimburse
- 5.3. Received a cheque to the Council but have still not received clarification on sender

### 6. **GSAED Director**

6.1. GSAED Updates?

### 7. Webmaster

7.1. Updates?

## 8. **VP Communications**

8.1. Updates?

### 9. **VP Administration**

- 9.1. Updates?
  - Remember to take pictures of our events
  - Good to have posters for our events to include in the biweekly and for social media
  - Do not use copyright images for our posters! Try non-copyright images from Bing

# 10. BSS Rep

- 10.1. To integrate new speaker requests
- 11. **Drobi** Running club advertisements. Where are they?
  - Will be made

# 12. Reps (OHRI, CHEO, uOSIC, Royal, Heart, CMM, NSC, Masters, New Student, MD/PhD)

## **NEXT MEETING:** Monday, June 11<sup>th</sup> (RGN 3126)

- Elections coming up, it will be a self-nomination process for all VP positions which will be open
- Priority is given to current members
- VP social or VP as academic can accommodate 2 persons